

CLUB RANKING LISTS 2009/2010

<u>MEN</u>		<u>WOMEN</u>
<u>60M</u>		
14-Nov-09 Jon Mascord	7.37	13-Feb-10 Tiana Penitani 13.66 U16 Rec
		13-Feb-10 Rebecca Metzger 14.37 U14 Rec
		13-Feb-10 Eliza Gazal 14.71
<u>100M</u>		
28-Nov-09 Jon Mascord	11.69	14-Feb-10 Tiana Penitani 13.21 U16 Rec
		14-Feb-10 Rebecca Metzger 13.30 U14 Rec
		14-Feb-10 Eliza Gazal 13.67
		23-Jan-10 Charly-Rose Dunne 14.12
<u>200M</u>		
14-Nov-09 Jon Mascord	23.79	23-Jan-10 Charly-Rose Dunne 30.38 U14 Rec
<u>800M</u>		
12-Oct-09 Paul McGuire	2.34.02	27-Mar-10 Rona Macniven 2.24.81 PB
		17-Oct-09 Nancy Newsome 2.24.86 PB
		18-Mar-10 Jane Boyd 2.28.71 PB
		9-Feb-10 Emily McKenzie 2.30.04
<u>1500M</u>		
27-Mar-10 Chamkaur Dhaliwal	3.57.08	18-Mar-10 Rona Macniven 4.46.26 PB
27-Mar-10 Cameron Dalgleish	4.13.79	18-Mar-10 Nancy Newsome 4.53.02 PB
28-Nov-09 Darren Purcell	4.48.32	18-Mar-10 Emily McKenzie 4.57.75
<u>3000M</u>		
7-Mar-10 Chamkaur Dhaliwal	8.51.52	10-Apr-10 Rona Macniven 10.40.31
14-Nov-09 Rod Scanlan	10.11.70 PB	14-Nov-09 Nancy Newsome 10.49.85
14-Nov-09 Mark Gregory	10.15.16 PB	26-Feb-10 Emily McKenzie 11.14.75
<u>5000M</u>		
28-Jan-10 Chamkaur Dhaliwal	15.11.31	15-Oct-09 Nancy Newsome 19.05.7
28-Jan-10 Cameron Dalgleish	16.17.42	
28-Jan-10 Oskar Booth	16.28.69 PB	
18-Mar-10 Matthew Hammond	16.29.85 PB	
<u>5000M Walk</u>		
24-Oct-09 Darren Purcell	24.46.53	
		<u>Long Jump</u>
		13-Feb-10 Tiana Penitani 5.31 U16 Rec
		<u>Triple Jump</u>
		14-Feb-10 Rebecca Metzger 8.86 U14 Rec