

## Results Round Up - November 2023

<b>25/10/23</b>			<b>11/11/23</b> Cont'd		
<b>NSW PSSA Champs</b>	<b>SOPAC</b>		<b>Treloar Shield</b>	<b>Mingara</b>	
<u>U14 800 - Male - heat</u>			<u>Shot- Male</u>		
Jeremy Lenthen	2.14.54	<b>3rd Debut - U14 Rec</b>	Peter Good	7.10	<b>PB - O'65 Rec Set</b>
<b>26/10/23</b>			<b>25/11/23</b>		
<b>NSW PSSA Champs</b>	<b>SOPAC</b>		<b>Treloar Shield</b>	<b>SOPAC</b>	
<u>U14 800 - Male - final</u>			<u>100- Male</u>		
Jeremy Lenthen	2.10.3	<b>2nd - PB &amp; U14 Rec</b>	Peter Good	18.88	+1.6 <b>PB</b>
<b>4/11/23</b>			<u>100- Female</u>		
<b>High Velocity Meet</b>	<b>Illawong</b>		Jane Boyd	17.70	+1.2 <b>Debut</b>
<u>100- Female</u>			Robyn Smith	21.70	+1.2
Dasun Ganhewa	15.83	+0.9 <b>Debut - O'35 Rec Set</b>	<u>400- Male</u>		
<u>100- Male</u>			Campbell Dawson	83.93	<b>Debut - O'60 Rec</b>
Karel Kratochvil	14.45	+0.2 <b>O'65 Rec</b>	<u>400- Female</u>		
Karel Kratochvil	31.47	-0.2	Jane Boyd	80.59	
<b>4/11/23</b>			Sally Hannah	84.04	<b>Debut</b>
<b>Allcomers</b>	<b>ES Marks</b>		Robyn Smith	99.72	
<u>800 - Male</u>			<u>1500- Male</u>		
Jeremy Lenthen	2.12.89		Chamkaur Dhaliwal	4.35.90	
<u>3km - Female</u>			Keith Bateman	5.03.83	
Jane Wilcox	13.04.58	<b>Debut</b>	Campbell Dawson	5.47.96	<b>O'60 Rec</b>
<b>4/11/23</b>			<u>1500- Female</u>		
<b>NSW Champs</b>	<b>ES Marks</b>		Sally Hannah	5.59.03	
<u>3km - Female</u>			Robyn Smith	7.35.13	
Rebecca Holmes	11.44.37		<u>Discus- Male</u>		
Rona Macniven	11.52.30		David Stuckey	30.22	<b>Debut - O'60 Rec</b>
Naomi Tancred	12.00.47		Peter Good	23.56	<b>PB - O'65 Rec</b>
Aggie Fichera	12.47.12	<b>Debut</b>	Campbell Dawson	14.64	<b>Debut</b>
Sally Hannah	12.47.52		<u>Discus - Female</u>		
<u>3km - Male</u>			Robyn Smith	16.32	<b>O'55 Rec</b>
Chamkaur Dhaliwal	9.58.91		Iris Good	14.98	
Ken Wilson	10.27.63	<b>O'55 Rec</b>	Jane Boyd	10.71	<b>Debut</b>
Keith Bateman	10.38.22		<b>25/11/23</b>		
<b>11/11/23</b>			<b>Aust PSSA Champs</b> <b>Launceston</b>		
<b>Treloar Shield</b>	<b>Mingara</b>		<u>800- Male - heat</u>		
<u>100- Male</u>			Jeremy Lenthen		
Peter Good	18.27	+2.7	2.12.11	<b>2nd</b>	
<u>100- Female</u>			<b>26/11/23</b>		
Robyn Smith	19.98	+2.3	<b>Aust PSSA Champs</b> <b>Launceston</b>		
<u>200- Male</u>			<u>800- Male - final</u>		
Peter Good	38.26	+1.2	Jeremy Lenthen		
Robyn Smith	41.47	+1.2	2.09.65	<b>1st</b>	
<u>800- Male</u>			<u>Long Jump - Female</u>		
Jeremy Lenthen	2.08.96	<b>PB - U14 Rec</b>	Robyn Smith		
<u>800- Female</u>			2.50 +2.3		
Robyn Smith	3.43.19				